



Continental breakfast €8.95

Choose three items plus a juice of your choice

- Freshly baked croissant & Pastries (1,4,10)
- Seasonal fruit bowl
- Natural yoghurt (4)
- Toast (10)
- Homemade Brown Bread (1,4,10)
- Cereals {Corn Flakes, Rice Crispies, Wheetabix} (10)
- Juices {Apple or Orange}

Lite Breakfast Options

Homemade fruit or plain Scone with jam and cream (1,4,10) €4.95

Fluffy Pancakes (1,4,10) €6.95

Maple syrup, berry compote or Nutella

Belgian Style Waffles (1,4,10) €7.95

Bacon & maple syrup (12)

chocolate sauce and whipped cream (4)

Homemade Granola Pot (4,9,10) €4.95

Flavoured yogurt topped with berry compote paired with a nutty granola

Porridge Bowl (4,10) €5.95

With a berry compote

Our Scrumptious Açaí Bowl (6) €8.95

A tropical bliss made from açai, peanut butter, fresh summer berries sprinkled with coconut and chia seed

(Seasonal availability)

Cooked Breakfast Options

The Upton Court Full Irish (1,4,10,12) €14.95

2 bacon, 2 Irish pork sausages, black & white pudding, grilled tomato, sautéed mushrooms, baked beans, hash brown & your choice of eggs (fried, poached or scrambled).

Served with toast, tea or coffee

The Mini Irish (1,4,10,12) €10.95

A lighter plate with 1 bacon, 1 sausage, grilled tomato, beans, hash brown & eggs of your choice.

Served with toast, tea or coffee

The Upton Court Breakfast Bap (1,4,10,12) €7.00

Rashers, sausage, and a fried egg layered on a toasted brioche bun

Scrambled or poached eggs with bacon (1,4,10,12) €8.95

Dishes marked with numbers contain certain allergens as shown:

1 - EGGS, 2 - FISH, 3 - LUPIN, 4 - MILK, 5 - MUSTARD, 6 - PEANUTS, 7 - SOY, 8 - SESAME, 9 - NUTS, 10 - CEREALS
CONTAINING GLUTEN (WHEAT, RYE, BARLEY, OATS), 11 - CELERY, 12- SULPHUR DIOXIDE & SULPHITES, 13 -
CRUSTACEANS (PRAWNS, CRABS, LOBSTER), 14 - MOLLUSCS (MUSSELS, OYSTERS, SQUID)

*** Please note, substitutions on cooked breakfast items may incur an additional charge. This is simply because certain items vary in cost, and swapping them can change the overall price of the dish.**



Children's Breakfast Menu



Mini Pancake Stack €5.20
Maple syrup, chocolate sauce or nutella (1,4,10)

Kids Full Irish €7.95
Sausage, scrambled egg, hash brown & beans
(1,4,10,12)

Belgian Style Waffles €5.95
Bacon & maple syrup or chocolate sauce and
whipped cream (1,4,10)

Fruit & Yoghurt Cup €3.95
(4)

Cereal & Milk €3.95 (4,10)
Cornflakes, Rice Krispies, or Coco Pops

Vegan and vegetarian options available

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